

Patient Statement of Understanding

I confirm that I understand Te Ora offers a different service from conventional General Practice. The practitioners at Te Ora approach their work from a more natural health perspective (termed complementary and alternative medicine (CAM) by the medical council) although they may include conventional medical options when they are appropriate.

I understand that any medical practitioner I have a consultation with will discuss with me, appropriate to their scope of practice, options available for me to consider with regards to investigations and treatments. Keeping in mind the amount of information I am interested in, the medical practitioner will discuss with me conventional options and other (CAM) options. I understand they will act honestly and in good faith and in a manner that is consistent with their professional, legal and ethical obligations.

I understand that the team at Te Ora will seek to be mindful of my personal, cultural and religious beliefs and practices. In discussions about my care, they will help me consider the likely benefits, risks and costs of different options, including information on safety and likely effectiveness, and whether subsidised options may be available.

Discussions about products and drugs may include information about manufacturing and safety standards where relevant. The Medical Council requires doctors to highlight the Medical Council's opinion that the manufacturing and safety standards of CAM products are 'often not as rigorous as conventional medicines'. Discussions about treatment will include information about the frequency and duration, diagnostic tests relevant to the treatment, and information on the history, nature and philosophy of different treatments as appropriate, in accordance with the Code of Health (www.hdc.org.nz).

Te Ora is a private practice and does not accept any government subsidies, including ACC and WINZ related funding. The fees are displayed on the website - <https://teora.co.nz/fees>. Some CAM products are available and are priced to cover costs, rather than for profit. Patients are encouraged to source their own products where appropriate and feasible.

I acknowledge that it remains my choice to decline any recommended treatment. And it is also the responsibility of the practitioner to decline to provide a treatment that is considered not to be medically appropriate.

I undertake to be an active and open participant in decision making about my health.

Signed: Date:

Witnessed: